

WEEKLY MENU

WEEK 1
WEEK 2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Spaghetti Beef &
Lentil Bolognese
(G/B*, W)

Creamy Pesto Pasta
(MK, G/W)

Roast Chicken & Gravy

Beef Burger
(SE*, SO, SU, G/W)

Chicken Nuggets &
Chips
(G/W)

VEGGIE



Vegetable & Lentil
Spaghetti Bolognese
(G/B*, W)
V

Vegetable Pasta Bake
(CE, G/W)
V

Roasted Root Vegetable Pie
& Gravy
(CE, G/W)
V

Vegetable Burger
(SE*, G/W)
V

Vegan Nuggets &
Chips
(G/W)

SIDES



Mixed Green Salad

Roasted Vegetables

Rustic Roast Potatoes with
Roasted Carrots & Parsnips
S

Homemade Potato
Wedges & Green
Saald

Beans or Peas

PUD



Fruit Salad

Yoghurt
(MK)

Fruit Jelly

Fruit Salad

Fruit Jelly

Daily Salad Bar| Homemade Bread| Fresh Fruit

DATES

5 JAN / 19 JAN / 2 FEB
/ 23 FEB / 9 MAR / 23
MAR

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

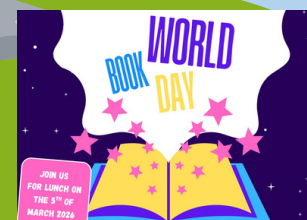
G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG



WEEKLY MENU

WEEK 1
WEEK 2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Mac & Cheese
(MK, G/W)

Chicken Tikka Pizza
(MK, G/W)

Beef Sausage with
Mashed Potato & Gravy
(MK, G/W)

Mexican Chicken

Battered Fish & Chips
(F, G/B*, W)

VEGGIE



Jacket Potato with
Baked Beans & Cheese
(MK)

Margherita Pizza
(MK, G/W)

Veggie Sausage with
Mashed Potato &
Gravy
(MK, G/W)

Mexican Quorn &
Veggies
(CE, E, MU, G/B, O*,
R*, W*)

Veggie Sausage Roll &
Chips
(MK*, SO, G/B*, O*, W)

SIDES



Garlic Bread & Green
Salad
(MK, SO*, G/W)

Homemade Potato
Wedges & Green Salad

Roasted Carrots & Parsnips
S

Steamed Rice & Green
Beans

Beans or Peas

PUD



Fruit Salad

Yoghurt
(MK)

Fruit Jelly

Fruit Salad

Fruit Jelly

Daily Salad Bar | Homemade Bread | Fresh Fruit



DATES

12 JAN / 26 JAN / 9 FEB
/ 2 MAR / 16 MAR

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
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